

East Setauket Area Highlights

Local Attractions

- Frank Melville Memorial Park – 24-acre historic park with trails, pond, and gardens.
- Brewster House (1665) – One of Long Island's oldest homes, rich in colonial history.
- Sherwood-Jayne House (c. 1730) – Preserved saltbox farmhouse with tours.
- Flax Pond Marine Lab & Boardwalk – Serene estuary and boardwalk with wildlife views.

Shopping

- Three Village Shopping Center (Route 25A) – ~22 shops and restaurants.
- Suffolk Plaza (Nesconset Hwy) – Retail strip with 13+ stores.
- Kohl's, Stop & Shop, Walmart – Everyday essentials.
- Main Street Boutiques – Specialty shops like The Gifted Monkey & The Crafter's Table.

Dining Options

- IXCHEL Mexican Cuisine – Authentic Mexican with fresh ceviche and margaritas.
- Chico's Tex Mex – Casual tacos, burritos, and quesadillas.
- Elaine's Restaurant & Bar – Italian-American favorites, pasta & seafood.
- Mario's Restaurant – Family-style Italian classics.
- Pentimento (Stony Brook Village) – Upscale Italian with outdoor garden dining.
- Bliss Seafood – Fresh, casual seafood and lobster rolls.
- The Steam Room (Port Jefferson) – Classic waterfront seafood shack.
- Danford's Restaurant (Port Jefferson) – Upscale waterfront dining & marina views.
- Crazy Beans (Stony Brook Village) – Retro café with brunch & burgers.
- Sweet Mama's (Stony Brook) – Comfort food & homemade desserts.
- Legend's Bar & Grill (Setauket) – Pub food, wings & burgers.
- Cava (Setauket) – Build-your-own Mediterranean bowls & salads.
- Premiere Pastry (Setauket) – Local bakery & coffee.
- Hama Sushi (Setauket) – Sushi, sashimi, and Japanese entrées.
- Wild Ginger (Stony Brook) – Pan-Asian with Thai, sushi, and hibachi.
- Kai Li Kitchen (Setauket) – Popular Chinese takeout.

Schools & Universities

- Three Village Central School District – Top-rated district serving Setauket, Stony Brook, Old Field, Poquott & parts of Port Jefferson Station.
- Ward Melville High School – Academically strong, with science and arts programs.
- Paul J. Gelinas Junior High – Honors and enrichment programs.
- Arrowhead, Nassakeag, Setauket Elementary – Strong community schools.
- Private Schools – The Laurel Hill School, The Stony Brook School (college-prep).
- Stony Brook University – Nationally ranked research university with cultural programs, sports, and events.

Hospitals & Medical Centers

- Stony Brook University Hospital – Premier teaching hospital & Level 1 Trauma Center.
- St. Charles Hospital (Port Jefferson) – Renowned for orthopedics & rehabilitation.
- Mather Hospital (Port Jefferson) – Community hospital with strong care reputation.
- Local urgent care centers throughout Setauket & Port Jefferson area.

Community Highlights

- Historic Three Village Area – Deep Revolutionary War history & landmarks.
- Setauket Harbor & Port Jefferson Village – Waterfront shopping, dining & ferries to Connecticut.
- Events & Lifestyle – Farmers' markets, concerts, seasonal festivals.
- Proximity to NYC – About 60 miles east of Manhattan, accessible via Long Island Rail Road.